



from the Gary Burnstein Community Health Clinic (GBCHC), your partner in community health. +

Vote for the Gary Burnstein Community Health Clinic

We are thrilled to be a contestant in [The Detroit News Holiday Cheer for Charity 2024](#). Cast your vote to support our mission to provide free, high-quality healthcare to the uninsured. With your votes, we could secure a place in the final round, with a chance to win \$20,000 from The Detroit News. These funds would go directly toward our services for uninsured patients in Michigan. Here's how to help: Vote for us every day through Nov. 22—each email address counts! Please share this link and encourage friends and family to vote, too. Let's make this giving season unforgettable and bring more Holiday Cheer to our community! Thank you for your support!



**Vote For Us
Now**



Staff Spotlight

Meet Madeline Andino, our dedicated Case Manager. For over two years, Madeline has worked at GBCHC, making a positive impact on countless lives. In this video, she shares her experience interacting with patients and the meaningful connections

she's built along the way. Thank you, Madeline, for all you do! Watch her story and get inspired to support GBCHC, where staff like Madeline truly make a difference every day.



November has a number of health-related issues to be aware of this month :

Diabetes Awareness Month

According to the National Institute of Health (NIH), Diabetes "occurs when your blood glucose, also called blood sugar, is too high. It affects about 38 million Americans, including adults and youth" and is linked to a variety of health problems. To help prevent these health problems it is important to know your risk factors, which include being 35 or older, a family history of diabetes, prediabetes, being overweight, and a lack of physical activity. African Americans and other racial minorities are at higher risk. Testing for diabetes is available for GBCHC patients. If you have risk factors, discuss getting tested for diabetes with your doctor. More prevention tips and information can be found on [the NIH website](#).

Lung Cancer Awareness Month

Lung Cancer kills more people worldwide than any other cancer. While not everyone who gets lung cancer is a smoker, smoking greatly increases your chances of developing this cancer. Everyone who has

Antibiotic Awareness Week

Antibiotic Awareness Week begins Nov. 18. This year's theme is "Fighting Antimicrobial Resistance Takes All of Us." Antimicrobial resistance is when germs become stronger than the medicine used to kill them. According to the CDC, Antimicrobial resistance causes 1.27 million deaths globally and nearly 35,000 deaths in the U.S. each year. [Learn about actions you can take to prevent infections and fight antimicrobial resistance](#) to keep ourselves, our families, and our communities healthy and safe.

National Influenza Vaccination Week

National Influenza Vaccination Week is almost here. December 2-6 is a time to remind everyone to get a flu shot this season, but you don't have to wait. Get your vaccine now. Vaccines are available

smoked in the past or is currently smoking should get screened for lung cancer. These screenings are important because they can catch the cancer early when it is more treatable. More information about lung cancer, including information about screenings and treatment, is available at [the National Cancer Institute's website](#).

for people 6 months and up. Free flu vaccines are available to GBCHC patients. Vaccine Clinics for the flu and other important vaccines, including COVID-19, are during clinic hours Monday, Tuesday, Thursday and Friday from 9 AM-1 PM and during the Friday Flu clinic from 9 AM - 1PM. Call 248-309-3752 for more information.

If you or someone you know who is over the age 18 and uninsured is interested in becoming a GBCHC patient, visit us today.

Become a Patient

If you would like to support the work of the GBCHC, please [visit our website](#) where you can donate online or learn about other methods of support.

Support Our Work

Please don't hesitate to reach out with any questions or to schedule an appointment.

Everyone at GBCHC wishes you and yours a healthy and happy Thanksgiving.

*Sincerely,
The Gary Burnstein Community Health Clinic Team*

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